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|  | Mornings are such a struggle in our house! |
| We don’t seem to get on as well anymore. |  |
| My child seems so sad at the moment. |  |
| Help, my children are always fighting! |  |

# Parent Consultation

## Why consultation?

Consultation may be helpful when people want to think about changing difficult situations.

The Educational Psychology Parent Consultation Service offers parents and carers an opportunity to request consultation about the concerns they have about their children at home, for example:

* A parent is concerned about their child’s emotional well-being
* A child behaves well in school or nursery, but is difficult to manage at home.
* A child is having difficulty managing their feelings
* A child is unhappy at a time of change or loss.
* A young person is getting into trouble outside of school.

## What is involved in consultation?

In consultation we talk together about a range of ideas, and different possibilities for action to ease concerns.

Consultation is a non-judgemental approach.

Each appointment lasts about an hour, and follow-up meetings can be agreed.

## Will my information be shared?

This is a confidential service for parents and carers and information will not be shared more broadly except in line with safeguarding guidelines which all professional are obliged to follow.

## Who is providing this consultation service?

Consultation for parents will be provided by members of the Educational Psychology Service.

## ­­­Is this the right service?

If you are wondering whether this is the right service for you please call the number listed below to ask for a discussion.

## Where and when does the consultation take place?

Appointments will be offered at a convenient location for parents.

## How to make an appointment?

To enquire please contact Ursula Rossouw on 02075251209 or SEN-EducationalPsychologist&EHO@southwark.gov.uk and leave your name and number: