



KEEPING CONNECTED

Music Therapy Newsletter

Friday 24th April 2020

By Sarah Kong – Edition 1

Music Therapy Welcome

to the first edition of KEEPING CONNECTED, the Music Therapy Newsletter for Haymerle School to support Home Learning Plans and to provide ideas on how to bring music into the home during these unprecedented times.



Please take a moment in the day to offer your children musical experiences. From the children's responses to their therapy sessions, music is hugely beneficial for so many reasons - for mental health, resilience, emotional well-being, relationships, play, intensive interaction and communication.

Here are links to music that would be useful to offer as a background to learning to help maintain focus:

<https://www.youtube.com/watch?v=WUXEeAXyWCY> and <https://www.youtube.com/watch?v=oXt1uwd8WF4>



How about trying some of these fun and engaging activities:

<https://musiclab.chromeexperiments.com/Experiments> have created a variety of accessible online musical games to aid children's learning of rhythm, pattern, sound, harmonics and sound waves.

<https://www.bbc.co.uk/teach/bring-the-noise/SEND-telling-story-music/z7psxyc/> has resources that use simple songs to encourage children with SEN to explore music using objects and sensory materials for storytelling and numeracy practice.

Look out for activities on the Home Learning section of the school website. Mirror My Movement has been uploaded and uses body movements to engage your child in an interactive and meaningful activity.

If your child would like to listen to a familiar voice, here is a short recording by Sarah Kong who is playing the flute, the guitar and singing 'Over the Rainbow' - follow this link:

<https://youtu.be/9hRxZwvXPpO>



KEEP WELL



KEEP SAFE

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