SPORTOPOLY

THE PE AND SCHOOL SPORTS NETWORK

Top row (left to right):

- GO — Collect 5 points as you pass
- How many toilet rolls can you balance on your body
- 15 second water break
- Throw an object into a target 10 times
- Basketball — Name 2 NBA teams that begin with the letter C
- Move forward 4 spaces
- Perform 40 squat jumps
- 15 second water break
- Balance an object on your head for 30 seconds
- Pass an object around your waist 25 times
- SIN BIN!

Right column (top to bottom):

- Perform a 1 foot to 2 feet jump
- St Georges Park — Name all 20 Premiership teams in 30 seconds
- Jump forwards and backwards over a pillow 30 times
- Keep a balloon in the air for 60 seconds
- Move forward 4 spaces
- Perform 3 different types of jumps
- 15 second water break
- Perform a balance using 1 hand and 1 foot
- Skip for 1 minute

Bottom row (right to left from ROLL AGAIN):

- ROLL AGAIN!
- Create and perform a 2 minute dance routine
- 15 second water break
- Perform a 2 feet to 1 foot jump
- Jump side to side over a pillow 40 times
- Move forward 4 spaces
- Perform 30 sit ups
- Balance on 1 leg for 60 seconds
- Wimbledon — Name 2 male and 2 female tennis players in 40 seconds
- Perform 40 star jumps
- SIN BIN! Move straight to SIN BIN. DO NOT PASS GO!

Left column (bottom to top):

- Balance on 1 leg and close your eyes for 30 seconds
- Jump on the spot 50 times
- 15 second water break
- Perform a safe forward roll
- Move forward 4 spaces
- 15 second water break
- Perform 30 push ups
- American Football — Name 2 NFL teams that begin with the letter T
- Perform a safe pencil roll

RULES

- Each player has a different object to use as a game piece during game.
- Roll the dice, move your piece and complete the task.
- First player to either collect 100 points or complete two different sets of colours wins.