



# ENHANCING ENGAGEMENT THROUGH MUSIC THERAPY

## ENGAGEMENT FOCUS activity 1: responsiveness

Explore and focus on responsiveness in a supported, prompted or independent capacity. Responsiveness links to awareness, acknowledgement and recognition of the activity taking place



Please complete a blank recording sheet for each musical activity and for this week it is **Record week 1** (see separate recording sheets) It will enable us to monitor the progress in this area through eye contact, facial expression, use of voice, initiating play on an instrument and prompting a movement. If a parent/carer needs support with this then please contact your teacher for further assistance and guidance.

## RESPONSIVENESS



squishy ball

Musical tracks and suggested sensory items for this activity:

<https://www.youtube.com/watch?v=xEWy02U9yU4>

<https://www.youtube.com/watch?v=6GVgncA9oiw>



silk scarf



**Step 1:** Begin by listening to the first YouTube link above and offer your child/pupil their motivator which in this instance could be a squishy ball

**Step 2:** Note the level of your child/pupil's alertness, awareness and responsiveness

**Step 3:** Does anything change as the music progresses? How does your child/pupil communicate their acknowledgement of the sounds and textures around them using both their listening and sensory skills?

**Step 4:** Now offer the second sensory item which could be a silk scarf or similar material then play the second YouTube link above

**Step 5:** Does this alter their level of responsiveness? Is there a cue that your child/pupil prefers one style of music over the other or one sensory item over the other?

KEEP WELL



KEEP SAFE

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