



## ENHANCING ENGAGEMENT THROUGH MUSIC THERAPY

### ENGAGEMENT FOCUS activity 2: discovery

Explore and focus on discovery in a supported, prompted or independent capacity. Discovery is a new or repeated action or experience that causes realisation, surprise or excitement



Please complete a blank recording sheet for each musical activity and for this week it is **Record week 2** (see separate recording sheets) It will enable us to monitor the progress in this area through eye contact, facial expression, use of voice, initiating play on an instrument and prompting a movement. If a parent/carer needs support with this then please contact your teacher for further assistance and guidance.



### DISCOVERY



**Step 1:** Provide a few instruments and textures and place them on a table or tray that will become your child/pupil's Music Discovery Table. Increase the element of surprise by covering the items and introducing them one by one!

**Step 2:** Put on the below music that is full of expectation and anticipation and then stop!  
<https://www.youtube.com/watch?v=HlIG2NKnsVA>

**Step 3:** Reveal the items and allow your child/pupil to choose their preferred instrument or texture and provide up to 5 minutes exploration time using a visual countdown method

**Step 4:** Repeat the above steps and note any change in levels of discovery

**Step 5:** Has discovery heightened? Is there increased motivation and excitement once there is more familiarity with this activity? Does your child/pupil want to discover more?

KEEP WELL



KEEP SAFE