



# ENHANCING ENGAGEMENT THROUGH MUSIC THERAPY

## ENGAGEMENT FOCUS activity 4: anticipation

Explore and focus on anticipation in a supported, prompted or independent capacity. Anticipation is expectancy or prediction as a result of previous knowledge, experience or skill



Please complete a blank recording sheet for each musical activity and for this week it is **Record week 4 (see separate recording sheets)** It will enable us to monitor the progress in this area through eye contact, facial expression, use of voice, initiating play on an instrument and prompting a movement. If a parent/carer needs support with this then please contact your teacher for further assistance and guidance.

## ANTICIPATION

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**Step 1:** Listen to the following piece of upbeat music and let your child/pupil respond in their own way until they become familiar with the structure and melody of the music  
<https://www.youtube.com/watch?v=nRtRlmojfyw>

**Step 2:** In order to explore anticipation, encourage your child/pupil to listen to the music by moving, clapping or dancing and then introduce an element of anticipation to the exchange and note how your child/pupil responds to this

**Step 3:** Ideas of how to build anticipation:

\* pause the music \* change the movement \* introduce a peek-a-boo style interaction by using hands or materials to hide behind \* begin the music with 'ready, steady....' then wait for your child/pupil to initiate 'GO' through voice or gestures \* incorporate lyrics to the music and pause to allow your child/pupil a moment to respond

**Step 4:** Repeat your chosen method of increasing anticipation and observe how this improves over time and how often the interaction is sustained

**Step 5:** Does your child/pupil become excited/engaged/motivated/anxious at the prospect of anticipation?

KEEP WELL



KEEP SAFE