



ENHANCING ENGAGEMENT THROUGH MUSIC THERAPY

ENGAGEMENT FOCUS activity 5: persistence

Explore and focus on persistence in a supported, prompted or independent capacity. Persistence is continued effort, perseverance, determination and refusing to give up or let go



Please complete a blank recording sheet for each musical activity and for this week it is **Record week 5 (see separate recording sheets)** It will enable us to monitor the progress in this area through eye contact, facial expression, use of voice, initiating play on an instrument and prompting a movement. If a parent/carer needs support with this then please contact your teacher for further assistance and guidance.

PERSISTENCE



Step 1: Persistence requires a certain element of motivation and determination. Listening to some upbeat music can trigger positivity and energy to enable improved perseverance and persistence in learning and engaging with others such as follows:

<https://www.youtube.com/watch?v=9b81mWYlyTo>

Step 2: Using a variety of musical instruments either improvised with pots and pans, home-made shakers with bottles and rice or by accessing online instruments, provide your child/pupil with the possibility to learn and explore musically

Step 3: Does your child/pupil persist or do they lose interest easily?

Step 4: Introduce new ideas regularly or take movement rests or time-out pauses to maintain interest, then repeat with other instruments or sounds and musical backgrounds to increase the possibility of your child/pupil persevering and remaining on task

Step 5: Here is an animation focusing on persistence and 'never giving up' to conclude:

<https://www.youtube.com/watch?v=6gQL4UKM6lc>

KEEP WELL



KEEP SAFE

Created by Sarah Kong © February 2021