

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### MAIN MEAL

Rainbow Wholemeal Pizza  
Served With Slaw & Mixed Salad

Jerk Chicken Wraps Served With Golden 50/50 Rice & Mixed Vegetables

Roast Chicken Served With Potatoes, Carrots, Broccoli, Yorkshire Pudding & Gravy

Homemade Beef Lasagne Served With Garlic & Herb Bread, Seasonal Vegetables

Salmon Fish Fingers Served With Chips, Garden Peas or Baked Beans

### MEAT FREE

Margarita Pizza Served With Slaw & Mixed Salad

BBQ Lentil, Bean & Vegetable Wraps Served With Golden 50/50 Rice & Mixed Vegetables

Veg Wellington Served With Potatoes, Carrots, Cabbage, Yorkshire Pudding & Gravy

Homemade Vegetarian Lasagne Served with Garlic & Herb Bread, Seasonal Vegetables

Cheese Quiche Served With Chips, Garden Peas or Baked Beans

### PASTA & JACKETS

Jacket Potato With Choice of Toppings Served With Fresh Salad

Free From Pesto Pasta Served With Fresh Salad and Chunky Bread

Jacket Potato With Choice of Toppings Served With Fresh Salad

Pasta Twists with Tomato & Roasted Red Pepper With Fresh Salad and Chunky Bread

Jacket Potato With Choice of Toppings Served With Fresh Salad

### DESSERTS

Natural Yogurt With Healthy Toppings & Fruit Compote Or Fresh Fruit Pot

Cheese Crackers Or Fresh Fruit Pot

Fruit Jelly With Peaches Or Fresh Fruit Pot

Natural Yogurt With Healthy Toppings & Fruit Compote Or Fresh Fruit Pot

Pineapple Upside Down Cake Or Fresh Fruit Pot

Making lunchtime the **highlight** of your day

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### MAIN MEAL

Butternut Squash & Chickpea Korma Served With 50/50 Rice, Naan Bread Finger & Mixed Vegetables

Chicken in Black Bean Sauce Served With Noodles and Stir-Fried Vegetables

Roast Turkey Served With Potatoes, Yorkshire Pudding, Carrots, Broccoli & Gravy

Beef Bolognaise Served With Penne Pasta, Garlic & Herb Bread, Seasonal Vegetables

Breaded Fish Fillet Served With Chips, Garden Peas or Baked Beans

### MEAT FREE

Cheese & Tomato Pinwheel Served With 50/50 Vegetable Rice & Mixed Salad

Roasted Vegetables in Black Bean Sauce Served With Noodles and Stir-Fried Vegetables

Herby Lemon Quorn Served With Potatoes, Yorkshire Pudding, Carrots, Broccoli & Gravy

Veggie Bolognaise Served With Penne Pasta, Garlic & Herb Bread, Seasonal Vegetables

Vegetable Nuggets Served With Chips, Garden Peas or Baked Beans

### PASTA & JACKETS

Pasta Twists with Tomato & Roasted Red Pepper With Fresh Salad and Chunky Bread

Jacket Potato With Choice of Toppings Served With Fresh Salad

Free From Pesto Pasta Served With Fresh Salad and Chunky Bread

Jacket Potato With Choice of Toppings Served With Fresh Salad

Pasta Twists With Homemade Tomato and Vegetable Sauce Served With Fresh Salad and Chunky Bread

### DESSERTS

Natural Yogurt With Healthy Toppings & Fruit Compote  
Or  
Fresh Fruit Pot

Cheese Crackers  
Or  
Fresh Fruit Pot

Fruit Jelly With Peaches  
Or  
Fresh Fruit Pot

Natural Yogurt With Healthy Toppings & Fruit Compote  
Or  
Fresh Fruit Pot

Chocolate Beet Brownie  
Or  
Fresh Fruit Pot

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### MAIN MEAL

Vegan Sausage Roll  
Served With  
Homemade Wedges,  
Garden Peas or Baked  
Beans

Beef Chilli Con Carne  
Served With 50/50  
Rice & Seasonal  
Vegetable

Roast Chicken Served  
With Potatoes,  
Carrots, Cabbage,  
Yorkshire Pudding's  
& Gravy

BBQ Chicken Wraps  
Served With 50/50  
Rice Baked Wedges &  
Mixed Vegetables

Fish Fingers  
Served With Chips,  
Garden Peas or Baked  
Beans

### MEAT FREE

Roasted Vegetable &  
Bean Pasta Bakes  
Served With Garlic &  
Herb Bread

Quorn Mince  
Chilli Con Carne  
Served With 50/50  
Rice & Seasonal  
Vegetable

Baked Lentil Roast  
Served With Potatoes,  
Carrots, Cabbage,  
Yorkshire Pudding's  
& Gravy

BBQ Quorn Chucks  
Wraps Served With  
Baked Wedges &  
Mixed Vegetables

Sweet Potato &  
Spinach Frittata  
Served With Chips,  
Garden Peas or Baked  
Beans

### PASTA & JACKETS

Jacket Potato With  
Choice of Toppings  
Served With  
Fresh Salad

Pasta Twists With  
Homemade Tomato &  
Vegetable Sauce Served  
With Fresh Salad &  
Chunky Bread

Jacket Potato With  
Choice of Toppings  
Served With  
Fresh Salad

Pasta Twists with  
Sauce with Free From  
Pesto Salad and  
Chunky Bread

Jacket Potato With  
Choice of Toppings  
Served With  
Fresh Salad

### DESSERTS

Natural Yogurt With  
Healthy Toppings &  
Fruit Compote  
Or  
Fresh Fruit Pot

Cheese Crackers  
Or  
Fresh Fruit Pot

Fruit Jelly With  
Peaches  
Or  
Fresh Fruit Pot

Natural Yogurt With  
Healthy Toppings &  
Fruit Compote  
Or  
Fresh Fruit Pot

Summer Fruit  
Crumble & Ice Cream  
Or  
Fresh Fruit Pot

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